

# Linda Schaumleffel

Linda empowers people to take action for their own results, through speaking, writing and delivering simple programs that work."

13 years after the Olympics Games, a car accident put Linda's discipline & beliefs to the test again. It took 15 years but she healed herself from spinal injuries, CFS/FMS, post trauma stress syndrome, & a brain injury.

In 2006 Linda created the **Power Brain Fitness Program** to help people mend, enhance & preserve their brain power. On the forefront of the brain fitness revolution, Linda's program seems to re-boot or de-frag the brain. Many people have used this program to great success from Parkinson's, stroke, ABI, to kids with focus/attention issues, to workers needing more brain energy, to seniors wanting better memory & balance, & to golfers eager to lower their scores.



**Linda Schaumleffel**

Olympian & 2010 Torch Bearer

*"Until you try, you don't know what you can do!"* Henry James

## CONTACT:

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*Special FREE REPORT at*  
PowerBrainFitness.com

**"The 17 Actions That Improve  
Brain Fitness"**

## SPEECH TITLES:

The Real Pandemic: Healing the Plague that Kills Self Initiative  
Opportunity at Every Bump in the Road: The 7 Keys to Success  
Can Dementia Be Prevented? You Be the Judge!  
De-frag & Re-Boot Your Brain for Better Performance at Work  
Life is a 3-Legged Marathon: Learn How to Win  
Normal! We've Forgotten the Simple Secrets to Creating Health  
The Torch Bearer's Journey: Live Your Life on Fire!

## CLINIC TITLES:

How to Succeed. Guaranteed! The Set-Up Clinic  
The Amazing Golf Clinic: Play From the Zone  
The Amazing Challenge for Teens (breaking the world record)  
Power Brain Fitness: Learn How for Individuals and Activity Leaders

**BOOK TITLE: How to Succeed. Guaranteed. The Instruction Manual**

**POWER BRAIN FITNESS EQUIPMENT** available at [www.powerbrainfitness.com](http://www.powerbrainfitness.com)

## LINDA'S DELIVERY DESCRIPTIONS:

SPEAKER: keynote fee.....(up to 60 minutes)  
SPEAKER: small presentation.....(20-40 minutes)  
CLINICS: joint venture with hosts.....(1-3 days)  
CONSULTATIONS: negotiate with client.....( ½ day +)



*"Linda's presentation was delivered in an energetic, fun manner which engaged even the most reluctant participants!"* Dave Kelley, Consultant, Spectrum Job Search, Victoria, BC, Professional Development Day

*"We thoroughly enjoyed your presentation! It was both educational and entertaining, and all the delegates were energized by the style of your presentation."*

Catherine Marsden, President, Gerontological Nurses Group of British Columbia, Annual Convention

*"Thank-you for your contribution to our conference at Kwantlen University. The delegates are bubbling with inspiration from your session. Having you as our keynote made it a great success."* Julie Kemble

*"Linda, I want you to know what an amazing inspiration you've been to me."* Andrea Amador, Certified Energy Coach & Neuro Linguistic Programmer, Founder of TheJuicyWoman.com, New York, USA

*"I don't know how it works, but after Linda spent a week putting Dave through Power Brain Fitness workouts, I can see the 'old Dave' returning. It is such a relief for both of us for Dave to get his life back."* Lynne Harrison & Dave Irwin, Crazy Canuck skier.